Metros get 2nd straight meet crown

ST. JOSEPH, Mo. - Sioux City stamped itself as the Iowa High School Hockey League's team of the 1990s here Sunday,

reeling in its fifth state championship this decade and second in a row with a nailbiting 3-2 double overtime win over Kansas City.

Sophomore



Brant Mozak provided the decisive goal for the Metros at 2:22 in the second overtime. Kyle Worner, who scored Sioux City's two goals in regulation, recorded an assist on the game-winner.

Worner ranked seventh in the league in points during the regular season for a balanced Metros team that had only one of the IHSHL's top 10 scorers but placed four in the top 15. The Sioux City team draws players from all four Sioux City high schools, plus South Sioux City and Sergeant Bluff-Luton.

Jake Hindermann, who registered 25 saves, was the winning goaltender in the state championship game for the second year in a row

Worner gave the Metros a 1-0 lead with his first red-lighter at 14:13 in the first period, getting

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Four Metros players picked for Chicago Showcase team

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an assist from Greg Gill.

It stayed that way until the third stanza when Gill and Robbie Lessard teamed up for assists on Worner's second goal just 38 seconds into the period. The Metros had an extended power play after a five-minute major and game misconduct penalty on a Kansas City player but couldn't capitalize.

Instead, it was Kansas City that turned a pair of Sioux City penalties into power play goals. Billy Palmer slashed the Metros' lead in half with a red-lighter at 6:39. Palmer struck again four minutes later, beating the short-handed Metros for the tying goal at 10:36.

Neither team scored or committed a penalty in the first overtime, sending the game to a second 10-minute sudden death session.

Sioux City finished in a three-way tie for the league's second best regular season record at 21-5, matching West Division rivals Omaha Gladiators and Kansas City. Omaha was one game better in the division and Sioux City took second on a kansas City....... 6 5 10 5 tiebreaker.

The Des Moines Capitals had the

best mark in the league at 22-4, but were 7-6 victims to the Metros in the state tournament semifinals Saturday. Kansas City routed the Gladiators 5-1 in the other semifinal.

Sioux City wound up with a 24-5 overall record following three tournament wins, while Kansas City finished at 23-6.

Four Sioux City standouts were selected for the Chicago Showcase team, a all-star collection of IHSHL juniors and seniors that will play in a 24-team tournament in Chicago next month.

Worner, a second-time Chicago Showcase selection, will be joined by teammates Hindermann, Robbie Lessard and Brent Sanders.

Summary

First period: 1, Sioux City - Kyle Womer (Greg Gill) 14:13. Penalties: Worner, SC, 5:38; Gillihan, KC, 14:22.

Second period: No scoring. Penalties: None. Third period: 2, Sioux City - Worner (Gill, Robbie 1 essard) 0:38; 3, Kansas City - Billy Palmer (Mark Shoreman) 6:39; 4, Kansas City - Palmer (Colin Koranda) 10:36. Penalties: Greenwood, KC, major, game misconduct, 2:09; Hockenson, SC, 6:35; Swanson, SC,

First overtime: No scoring. Penalties: None. Second overtime: 5, Sioux City - Brant Mozak (Worner) 2:22. Penalties: None.

Score by periods: Kansas City... Sioux City.... Shots on goal:

..... 5 9 13 3 0 - 30 Goaltenders: Dennis Soetaert, Kansas City, Jake Hindermann, Sioux City.